Clotea Mack

Empowerment Speaker and Coach

Clotea was born in Cleveland, Ohio to a single mother who raised her with a passion for education, reading and writing. After becoming a teenage mother at the age of 16, she later pursued a Bachelor of Arts in English from Case Western Reserve University in order to become a Language Arts teacher, which is a calling she still loves today after 24 years. She also received her Master's degree as a Reading Specialist from Kent State University.

As the founder and CEO of Lifted in Love, LLC, whose mission is to "Empower women to live their **BEST** lives **NOW!**", Clotea presents workshops on the freedom of forgiveness and also does public speaking engagements in both the religious and secular arenas. She has spoken for various churches and organizations such as:

L.E.A.P.S. (Liver Education and Advocacy Prevention Services)

S.H.E. (Soaring to Heights of Excellence- for 3rd - 8th grade girls)

L.A.D.E.S. (Leadership and Development Empowering Sisters), which is an initiative of her sorority, Sigma Gamma Rho Sorority, Incorporated

**Jewels in His Crown Women's Ministry and radio show, Elder Donielle Williams, founder

**Lakeshore Christian Church- Pastor Denise Cunningham-Doggett, pastor

**Pink Party Women's Retreat

**Sister2Sister Young Women's Conference

**I Will Live Until I Die Radio Show- Minister Darnella Allen, host

Kujenga 2018- Ministry of St. Agnes-Our Lady of Fatima Rectory (adolescents and young adult audience)

Imani United Church of Christ, Ladies Night, Women's Empowerment Conference "Classrooms and Boardrooms: Who Says You Can't Have it All?"

** "Let Us Live in the Spirit of Faith, Forgiveness and Love", Ministry of St. Agnes-Our Lady of Fatima Rectory (young adult ministry)

**Live with Dana Radio Show

**Journey United Methodist Church, Columbia, SC "Fearless" Women's Retreat **C.A.T.S.

**Women in Transition, Tri-C Community College

Black Diamonds, "Being on Fire Without Burning Out" and "Living an U.N.C.O.M.M.O.N. Life in a Common World"

Women of Color Collective, Kent State University

Mother2Mother Parenting Group, S.E.L.F. C.A.R.E. workshop
True Vine Baptist Church, Women's Day Speaker
Network Notions, V.I.S.I.O.N. Workshop
St. Agnes Our Lady of Fatima, Women's Day Speaker
Great Lakes Black Authors Expo, Moderator
Bare it All Ministries, Conference Speaker
N1Achord Church, Women's Day and Youth Day Speaker
East View United Church of Christ, Women's Day Speaker
Way of Escape, Youth Ministry Retreat
**Cuyahoga County Correctional Facility (Cleveland)
Salvation Army of Cleveland
Infinite Mercies Ministries, Vision Board Conference
Sigma Gamma Rho Sorority Inc., Team Building**

**denotes the venue where the Forgiveness Forward workshop was taught specifically

As a part of the mission to empower women, Clotea hosts *Forgiveness Forward*, an intensive, interactive workshop where people are <u>taught</u> about the concept of forgiveness and given the <u>tools</u> to learn to open the gift of forgiveness for others and themselves. Clotea has carried the message of forgiveness over the airwaves as into churches, homes and gathering for men and women of all ages. In 2018 she was honored with the *Lady of Legacy* Award for her work with youth, and she established an after school initiative, *The Village Vibe*, to mentor teen students in her high school. Other highly sought after workshops that Clotea conducts are on *Self Care, Self Love, The Power of Vision* and *Living an Uncommon Life: Breaking Out of the Box.*

Being a mom to four amazing children does not stop her from being a part of the Praise Team ministry, leading small group facilitators and heading the Chosen Generation Helping Hands volunteer efforts of the Youth Ministry at her church. Her goal is to make sure that she leaves the earth having touched and impacted as many lives as possible.